

Post Treatment Information for Crown and Bridge

You have just had some crowns or fixed bridges cemented onto your teeth. They will replace your missing tooth structure or missing teeth very well, and should give you years of good service provided you observe the following cautions.

Chewing- Do not chew hard foods on the restorations for 24hrs from the time they were cemented. If wearing a temporary crown, avoid sticky foods such as licorice and taffy.

Preventative treatment- The most common reason a prostheses fails is for inadequate care. Visit us at regular six month examination and cleaning appointments. Brush and floss after eating and before bedtime. Use a fluoride rinse every day for 30 seconds. If advised by your dentist you may also use a fluoride gel, water pik, Interplak toothbrush etc.

Sensitivity- Don't be concerned with mild sensitivity to hot and cold. This sensitivity will gradually decrease over a few weeks. Pain or sensitivity that lasts longer than six weeks is a symptom that you should notify our office about.

Sometimes, the final restoration is placed using temporary cement if the tooth has been sensitive or the gums are inflamed. This will necessitate another visit for final cementation. Following these instructions should reduce the chance of any post operative problems, but please feel free to call with any questions or concerns.

Symptoms

Solutions

Temporary Crown
Loose or came off

Call the office for an appointment right away. Your new crown may not fit if the temporary is not replaced. Place some Vaseline or flour/water paste mix and put the temporary back on until your appointment.

Temporary Crown
Tastes like cloves

The cement used to retain the temporary crown has oil of cloves as a sedative for the tooth. The final restoration will not. Mouth wash will relieve the taste.

Gum tissue soreness

Rinse with salt water ($\frac{1}{2}$ tsp. salt in 8 oz. warm water) or Peridex (Chlorohexidine). Take aspirin or Tylenol for discomfort.

New crown has
Continued discomfort

Your crowned tooth required this treatment due to involved decay or fracture of the tooth. If the pulp was involved your tooth may require a root canal. This may not have been apparent on the x-ray or when the crown was diagnosed.

Our office accepts calls 24hrs a day. Please don't hesitate to call if needed.